

How to contact the district digitally

You do not have to call in order to reach us. You or your next of kin can use **eDialog**, which is a secure solution that can be used to send documents and messages, even when they contain sensitive information or is exempt from public access.

How to use eDialog:

1. Click the link below or go to www.oslo.kommune.no/kontakt/
2. Log in using ID-porten (e.g. MinID or BankID)
3. Fill out the form and attach any documents you want to send

Log in to eDialog for Søndre Nordstrand District

Communicate with us on www.helsenorge.no

When you have been granted a municipal service, you can log in to helsenorge.no and/or the Helsenorge app to see more information about the service you have been granted. If the service allows digital communication, you can also send messages to the service.

If you want someone in your family to help you, you can authorise them in helsenorge.no to receive and send messages on your behalf.

You or the person you have authorised can write and respond to messages in helsenorge.no at any time. The district will normally respond by the end of the next business day.

On helsenorge.no you can also:

- See which municipal services you receive
- Be notified of scheduled and completed home visits via SMS or e-mail.
- Change, cancel or give notice of home visits.
- Read old messages.

All messages are sent via a secure solution and stored in the districts record system.

To log in to helsenorge.no, you can use BankID, Buypass ID or Commfides e-ID to identify yourself.