

## Coronavirus vaccination of children and adolescents aged 5 -11 and 12-15

The City of Oslo is vaccinating children and adolescents between the ages of 5-11 and 12-15.

Please remember that parents/guardians must consent to the vaccination and complete the self-declaration form on behalf of their child.

### **About coronavirus vaccination**

It is voluntary to allow your child to be vaccinated against coronavirus (COVID-19). Vaccination against coronavirus helps reduce the risk of getting sick and protects those who can become seriously ill, while at the same time reducing the spread of infection.

Children aged 5-11 with certain underlying disorders should receive two doses of the child vaccination, Comirnaty, at an interval of 8-12 weeks. A single dose of the child vaccination, Cominarty, is considered to provide the best balance between benefits and disadvantages for other children aged between 5 and 11. However, the second dose is available upon request from the child and parents/guardians. The same interval must be used between doses.

Children between the ages of 12 and 15 will be offered the Pfizer vaccine (Comirnaty<sup>®</sup>), which has been approved for use from the age of 12 upwards. This age group will initially only be offered one dose of the vaccine. A second dose may be relevant for those with chronic illness. An interval of 8-12 weeks between doses is recommended. The vaccine does not contain any live viruses and cannot cause coronavirus infection.

Side effects can develop 1-2 days after vaccination, but are normally mild/moderate and pass after a few days. The most common side effects are pain and swelling around the injection site, fatigue, headache, muscle ache, chills, joint pain and fever. In rare cases, inflammation of the heart muscle (myocarditis) can occur following vaccination with an mRNA vaccine. The condition most often develops within a week after the second dose and is transient, so that most people recover within one month. The condition causes chest pain, wheezing, palpitations and fever. In the event of such symptoms, a doctor must be consulted and the child or adolescent examined. Norwegian cardiologists have concluded that coronavirus disease can have a more serious effect on the heart of some people than can be caused by vaccination, and that this side effect should not prevent adolescents from having the vaccine.

In rare cases, inflammation of the heart muscle (myocarditis) can occur following vaccination.

### **Vaccination at a vaccination centre**

Children aged 12-15 years may use the drop-in service at a vaccination centre. A parent/guardian needs to contact the vaccination centre to book an appointment for any children aged between 5 and 11.

### **Guardian(s) must consent to vaccination**

All children and adolescents under the age of 16 must have the consent of their parents/guardian(s) before they can be vaccinated. In case of joint custody, both parents/guardians must give their consent. Children under the age of 16 have the right to be given information and should be consulted regarding decisions which concern their health.

The consent form (1) and self-declaration form (2) must be completed and brought with you to the vaccination centre.

## (1) Consent form

I/we would like my child to be vaccinated against coronavirus (COVID-19):

Name of child: \_\_\_\_\_ Date of birth: \_\_\_\_\_

**Parent/guardian 1:**

**Parent/guardian 2:**

Full name (please write clearly):

Full name (please write clearly):

\_\_\_\_\_

\_\_\_\_\_

Telephone number: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

**Check this box if you have sole custody**

## (2) Self-reporting form for coronavirus (COVID-19) vaccination

When your child is to be vaccinated against coronavirus, it is important that the health professionals who are to give the vaccine are given relevant information about the child's health. Parents/guardians must fill in the form on behalf of their child.

**NB! Remember to bring the completed form to the vaccination appointment**

<i>Information about the child who is to be vaccinated</i>	
Surname, first name:	
Date of birth and national ID number/ D number:	

<i>Information on the parent(s)/guardian(s)</i>		
Surname, first name:		
Telephone number:		

<i>Information about the child's health</i>	Yes	No
1. Has your child had coronavirus? If yes, children aged 5-15 years may receive one dose of the vaccine no earlier than three months after testing positive for coronavirus.		
2. Does your child feel sick and have a fever? (38°C or above). If yes, the child must wait until they have fully recovered and have no signs of a cold or fever before they can be vaccinated		
3. Does your child have an increased bleeding tendency due to an underlying medical condition? If yes, have you consulted the child's doctor to determine whether or not they should be vaccinated?  Does your child have haemophilia and are they being treated with coagulation factor? If yes, the child should be vaccinated on the same day as they receive their final dose of coagulation factor.		

(Anyone with an increased bleeding tendency due to taking blood thinning medications can be vaccinated in the normal way).		
<p>4. Has your child previously suffered an anaphylactic shock? An anaphylactic shock is a severe allergic reaction which requires urgent medical care and can be triggered by medicines, vaccines, food, etc.</p> <p>If yes, then the child must be vaccinated at a vaccination centre with a doctor present and wait for one hour after being vaccinated. Contact the vaccination centre to book an appointment.</p>		
<p>5. Has your child recently had other vaccines, such as the flu vaccine, HPV or similar? If yes, when?</p> <p>There should be a gap of at least seven days between vaccines.</p>		

It is safe to have the vaccine if you are pregnant or breastfeeding.