

Building babies' brains  
through play



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Babytalk



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Oslo

Delprogram oppvekst og utdanning



The language someone uses when talking about their feelings or when dreaming – the language that you are most comfortable with.



## Language development and interaction

8- 12 months

### Contact information:

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Språkstart

Utviklet av Bydel Stovner og PPT

# Helpful activities to assist language development and attachment

## Establish good reading routines



- Keep books readily available to your child in their play area.
- Enjoy books together.
- Set aside a few minutes a day to look at books together. This could be at a set time, such as bedtime.
- Reading time doesn't need to last very long. Sometimes looking at one picture may be enough.
- Let your child point, turn the pages, taste and hold the book.

## Keep singing



- Sing songs that use motions.
- Your child likes making sounds using household objects.

## Talk to your child



- Your child learns a lot when you talk to them and repeat the same words many times.
- Use words in different contexts.
- Your child likes it when you speak slowly and in a higher pitch. This helps them learn to understand you.
- Talk about what you see, what you are doing and what your child shows interest in.

## Some song suggestions:\*

Frère Jacques / "Are You Sleeping, Brother John"



Row, Row, Row Your Boat

Itsy Bitsy Spider / Incy Wincy Spider



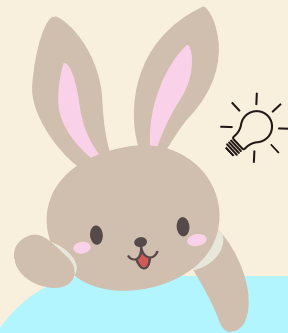
If You're Happy and You Know It

\*these songs can be found in multiple languages

## Play with your child



- Your child likes repetitive play.
- Some examples of activities:
  - Peekaboo/peep-bo
  - Pass toys back and forth (and talk about it)
  - Put toys in boxes and take them out
  - Build towers with blocks and tear them down
- Repeat the same activities several times, your child enjoys repetition
- Take turns leading the play



## Did you know?

You play the most important role for your child's development!

Your child's memory is improving during this time.

Your baby is babbling a lot and using sounds to communicate.

Your child can recognize words even if they can't say any yet.